

## 2017 Heritage Coast Run - Provisional Results

Red Route - 26 miles			Yellow Route - 13 miles			Blue Route - 6 miles				
Runner		Time	Runner		Time	Runner		Time		
69	Barnaby Rufford	3:04:34	1	346	Allen Smalls	1:21:47	1	660	Jim Last	0:34:42
29	Colin Harper	3:16:19	2	253	Luke Wood	1:24:51	2	819	Mark Harrod	0:35:56
83	Benjamin Jacobs	3:18:51	3	376	Ben Caisey	1:27:00	3	739	James Wilson	0:36:32
81	Thomas Mann	3:22:28	4	254	Darren Sheppard	1:28:11	4	771	Russell Brown	0:37:26
94	Malcolm Statham	3:28:30	5	256	Nick Hammond	1:28:44	5	789	Max Livingstone-Learmonth	0:39:20
3	Iain Wilson	3:31:16	6	341	Chris Witmore	1:28:50	6	647	Oscar Wood	0:39:47
48	Shaun Cleworth	3:31:53	7	257	Chris Leek	1:28:52	7	555	Gregor Kennedy	0:39:50
72	Andy Martin	3:35:38	8	373	Paul Rayner	1:30:18	8	672	Steve Garvie	0:40:00
77	Richard Smith	3:35:53	9	292	Daniel Saulter	1:30:25	9	790	Sarah Dudgeon	0:40:07
35	Matt Ford-Thomas	3:38:49	10	321	Ben Churchman	1:30:36	10	661	Will Aldred	0:40:21
76	Chris Hargreaves	3:41:46	11	310	Nick Barberis	1:30:37	11	712	Aiden Church	0:41:02
78	Aaron Shrimpton	3:43:44	12	332	Glynn Thomas	1:31:04	12	623	Stuart Alexander	0:41:17
10	Peter Hodgson	3:49:21	13	198	Karim Quaddane	1:32:15	13	801	Benjamin Ficken	0:41:29
41	Graham Coulter	3:51:36	14	301	Lloyd Scriven	1:32:31	14	668	John Aldred	0:42:17
84	Tom Haslam	3:53:40	15	403	Tom Ames	1:33:39	15	720	Jason Marter	0:42:46
36	Dave Solomon	3:54:22	16	181	Paul Rea	1:34:11	16	674	Stewart Hambling	0:43:50
61	John Bennett	3:57:16	17	320	Adam Graham	1:34:53	17	698	Philip Beer	0:44:24
82	Jess Farthing	3:57:25	18	328	Mark Duncan	1:34:54	18	807	Nick Robbins	0:44:27
22	Mary Narey	3:57:31	19	356	John Glanfield	1:35:14	19	713	Kyle Church	0:44:54
8	Stuart Kibble	3:58:00	20	218	Thomas Abbott	1:35:57	20	651	John-Paul McKee	0:45:01
80	Sean Newson	3:58:46	21	354	Tom Fowler	1:36:11	21	670	Simon Tinkler	0:45:30
18	Matthew Coates	4:03:12	22	360	Mark Allen	1:37:27	22	835	J Howards	0:45:32
44	Stephen Curran	4:04:23	23	234	James Cornish	1:37:34	23	619	Ben Deacon	0:45:39
93	Lee Phillips	4:05:39	24	333	Simon O'Malley	1:37:49	24	822	Tom Hunnisett	0:45:46
40	Mandi Moyse	4:05:41	25	410	Steven King	1:39:45	25	731	John Nodder	0:46:20
2	Ben Dean	4:11:21	26	251	Robin Mackenzie	1:39:52	26	754	John Gibbons	0:46:26
43	Kenneth Tovell	4:12:30	27	238	Tom Alexander	1:41:03	27	710	Penny Studley	0:46:31
42	Ian Kennedy	4:12:39	28	231	Emilie Wix	1:41:19	28	850	Mike Rowe	0:46:44
74	Shane Allum	4:15:10	29	224	Robin Harper	1:41:31	29	864	Joe Gilson	0:46:49
75	Robert Reason	4:19:00	30	305	Mandy Coleman	1:41:38	30	714	David Fordham	0:46:56
88	Dave Casey	4:23:44	31	171	Gary McDonald	1:41:44	31	566	Roger Bacon	0:47:06
71	Charlie Martin	4:23:52	32	377	Susannah Rose-Innes	1:41:48	32	849	Becci Leddy	0:47:20
79	Brummell Gonzalez	4:27:39	33	367	Joey Clements	1:41:55	33	901	Ellie Mayne	0:47:27
67	Daniel Day	4:31:51	34	199	Jane Nodder	1:42:07	34	563	Jenni Askew-Martin	0:47:35
13	Karen Peck	4:31:58	35	399	Nathan Thompson	1:43:03	35	828	Rose Westall	0:47:44
73	Peter Jay	4:34:30	36	339	Simon Zavalir	1:43:14	36	772	Rachel Gillings	0:48:24
68	Karen Williamson	4:36:17	37	400	Mina Tsofanova	1:43:35	37	567	Bill Gerrish	0:48:36
34	Chris Murray	4:36:46	38	311	Victoria Brown	1:43:53	38	749	Brendan Kelly	0:48:40
85	Roger Taylor	4:36:51	39	279	Andrew Jackson	1:44:33	39	721	Robert Mawson	0:48:51
25	Gin Lawson	4:38:13	40	235	Mark Austin	1:44:50	40	843	Hazel Garrity	0:50:16
26	Matt Saunders	4:38:20	41	315	Damian Royal	1:44:51	41	865	Ben Starkie	0:50:22
24	Daniel Smith	4:39:19	42	287	Darrel Roberts	1:45:30	42	844	Terry Garrity	0:50:24
6	Harry Smith	4:41:25	43	335	Paul Thomas	1:45:33	43	691	Nick McCowen	0:50:30
90	James Hemsley	4:45:45	44	358	David Wright	1:46:40	44	838	Manda Deacon	0:50:37
32	Diane Parton	4:45:55	45	324	Shaun Good	1:46:51	45	760	Matthew Jackson	0:50:41
30	Sharon Harper	4:47:58	46	342	Gabriel Martins	1:47:04	46	683	Davina Swindell	0:50:43
19	Clare Rowe	4:48:00	47	371	Derek Daly	1:47:25	47	662	William Gilmour	0:50:51
7	Tina Belsom	4:51:43	48	233	Rosie O'Neill	1:48:05	48	666	Linda Aldred	0:50:54
1	York Deavers	4:52:21	49	216	Matt Sims	1:48:08	49	656	Jon Moodie	0:50:55
28	Nigel Abbott	4:54:35	50	389	Adrian Ebbs	1:48:21	50	655	Clare Moodie	0:50:57
96	Samantha Ingram	4:54:50	51	398	Chris Sugars	1:48:29	51	735	Gloria Smith	0:51:02
95	Ian Sillett	4:58:47	52	319	Mark Womack	1:48:43	52	762	Alison Fox	0:51:04
21	Richard Fellingham	5:00:07	53	347	Jacob Cook	1:49:16	53	765	Leo Norris	0:51:11
86	Frank Holmes	5:00:52	54	252	Anthony Maclean	1:49:41	54	594	Annie Cook	0:51:14
87	Carina Sewell	5:00:54	55	298	Matthew Eveleigh	1:49:46	55	839	Adrian Hine	0:51:16
33	Gemma Colling	5:13:40	56	312	Jake Church	1:50:06	56	779	Julian Holland-Gladwish	0:51:18
39	Jill Towns	5:19:13	57	351	Andrew Greenwell	1:50:51	57	564	James Coughlan	0:51:21
89	Bert Park	5:19:55	58	349	Iain Johnstone	1:50:55	58	761	Catherine Jackson	0:51:22
53	Kate Stannett	5:20:30	59	260	James Howlett	1:50:58	59	770	Mick Taylor	0:51:29
98	Jan Hart	5:31:00	60	293	Jo Plumb	1:51:04	60	837	J Theobald	0:51:32
27	Peter Woods	5:37:40	61	236	Sarah Lewis	1:51:47	61	551	Philip Sutton	0:51:35
9	Carole Challis	5:37:41	62	357	Mike Carpenter	1:52:09	62	614	Fliss Kindred Kirk	0:51:43
38	Mark Goodwin	5:37:44	63	255	Richard Higgins	1:52:14	63	706	Michael Green	0:51:46
50	Simon Wiggins	5:38:00	64	391	Ker Macrosson	1:52:41	64	836	D Farrow	0:51:48
20	Anneli Ostler	6:32:24	65	309	Paul Gateley	1:52:56	65	621	Daniel Richardson	0:51:58
101	Imogen Howarth	6:32:25	66	175	Archie Cotterill	1:53:23	66	709	Sandra Mayhew	0:52:12
100	Keith Borrett	6:32:27	67	404	Ashley Lydiate	1:53:27	67	852	Amanda Janes	0:52:16
99	Joe Naughton	6:32:28	68	223	Alan Kersey	1:53:33	68	637	Deborah Chappell	0:52:30
70	Claire Blanchford	6:32:30	69	190	Jo Bisset-Smith	1:53:36	69	783	Jamie Smith	0:52:32
97	Kurt Bullock	6:47:13	70	185	Alex Batho	1:53:43	70	782	Rebecca Snith	0:52:34
91	Nicola Whymark	7:07:26	71	153	David Garnham	1:53:52	71	600	Gary Lowe	0:52:36
92	Jill Wright	7:07:28	72	214	Daniel Watley	1:54:44	72	575	Chris Rachlin	0:52:40
52	Charlie Stannett	7:10:30	73	180	Caroline Janes	1:54:56	73	565	Gemma Bacon	0:52:47
			74	161	Steven Whitmore	1:55:35	74	708	Graham Wigley	0:52:49
			75	202	Jonathan Wilding	1:55:47	75	778	Nikki Holland-Gladwish	0:53:04
			76	329	Malcolm Todd	1:56:00	76	876	Kerry Potter	0:53:06

77	387	Duncan Skails	1:56:14	77	759	Kevin Mayne	0:53:08
78	307	Kate Sellick	1:56:19	78	667	Nicky Roper	0:53:14
79	336	MarceLKok	1:56:38	79	726	Sasha Campbell	0:53:20
80	291	Jeroen Wunnman	1:57:05	80	593	Michael Cook	0:53:48
81	314	Emma Goodman	1:57:21	81	624	Chris Gutteridge	0:54:18
82	303	Ruth King	1:57:22	82	736	Shannen Church	0:54:28
83	237	Ben Solway	1:57:34	83	882	John Martin	0:54:29
84	302	Rowena de Belligny	1:58:00	84	648	Tamasin Wood	0:54:30
85	193	Kerstin Langer	1:58:10	85	715	Jodie Lee	0:54:32
86	370	John Scott	1:58:12	86	711	Christopher Lucas	0:54:35
87	313	David Mercer	1:58:44	87	805	Philip Steward	0:54:43
88	344	Andrew Cann	1:59:05	88	663	Isobel Gilmour	0:54:45
89	304	Benjamin King	1:59:18	89	742	Graham Waudby	0:55:05
90	263	Doris Willmont	1:59:51	90	818	Rebecca Bottjer	0:55:07
91	239	Jo Cresdee	1:59:58	91	671	Holly Burrows	0:55:09
92	388	Ali Middleton	2:00:36	92	659	Elspeth Gilmour	0:55:11
93	355	James Tribley	2:00:41	93	649	Pam Morgan	0:55:48
94	259	David Taylor	2:01:10	94	840	Vicky Mitchell	0:55:52
95	195	Ian Tooley	2:01:26	95	809	R Smith	0:56:10
96	330	Jimmy Russell	2:01:37	96	734	Jack Woolf	0:56:12
97	244	Eloise Bird	2:02:08	97	785	Chloe Stone	0:57:00
98	245	Peter Bird	2:02:10	98	784	Rebecca Greenwell	0:57:04
99	240	Dave Steward	2:02:19	99	851	Eric Allright	0:57:06
100	365	David Bennett	2:02:22	100	669	Trudie Timms	0:57:08
101	201	Lisa Netto	2:02:24	101	813	Keith Richmond	0:57:33
102	191	Leslie Hill	2:02:25	102	638	Alison Hill	0:57:48
103	242	Andrew Hammond	2:02:26	103	636	Jayne Wright	0:58:09
104	192	Peter Thompson	2:02:29	104	793	Nina Nickerson	0:58:12
105	196	Claire Baker	2:03:08	105	775	Samuel Hulls	0:58:16
106	232	Graham Bush	2:03:13	106	774	Benjamin Hulls	0:58:18
107	206	Tiago Magalhaes	2:03:17	107	830	Ian Hicks	0:58:20
108	337	Keith Woolf	2:03:35	108	802	Sarah Fossberg	0:58:24
109	338	Hillas Smith	2:03:36	109	597	Connor Streater	0:58:27
110	284	Kate Beer	2:04:02	110	788	Helen Sugars	0:58:38
111	286	Julia Baldwin	2:04:04	111	816	Imogen Fullbrook	0:58:40
112	151	Stephanie Holmes-Mallitt	2:04:16	112	645	Daisy Chambers	0:58:56
113	363	Pete Brown	2:04:38	113	829	Nicola Flack	0:59:03
114	334	Karen Easton	2:05:06	114	780	Debbie Secret	0:59:07
115	299	Martin Murray	2:05:41	115	576	Farah Rachlin	0:59:14
116	246	Jane Thomas	2:05:55	116	581	John Swann	0:59:16
117	289	Debra Kay	2:06:39	117	568	Neil Leech	0:59:18
118	290	Shaun Kay	2:06:41	118	610	Steve Kirk	0:59:27
119	317	Lee Bennett	2:06:45	119	796	Sophie Charlesworth	0:59:37
120	258	James Bouldin	2:07:16	120	795	Rosie de Galleani	0:59:39
121	179	Peter Johnson	2:07:30	121	776	Malcolm Williams	0:59:41
122	316	Katie Everett	2:07:49	122	863	Jo Calls	1:00:14
123	157	Andrew Gibson	2:07:50	123	803	Glyn Peck	1:00:26
124	331	Ruth Belsom	2:08:14	124	746	Hayley Berkel	1:00:29
125	390	Jo McLoughclin	2:08:17	125	702	Jo Whealan	1:00:42
126	174	Mike Cotterill	2:08:49	126	595	Stephen Taylor	1:00:55
127	380	Katie Abbott	2:08:51	127	752	Ali Brown	1:01:08
128	194	Cathy Tooley	2:09:38	128	574	Caroline Wright	1:01:12
129	219	Andrew Baker	2:09:40	129	658	Michelle Hewitt	1:01:20
130	250	Jason Primera	2:09:48	130	664	John Clough	1:01:25
131	350	Shane May	2:10:16	131	601	Jane Moon	1:01:30
132	241	Kerensa Carrick	2:10:26	132	584	Justin Ostler	1:01:32
133	300	Chris Hobrough	2:10:27	133	755	Jason Cowles	1:01:37
134	248	Julie Webster	2:10:52	134	848	Rosie Shaw	1:01:40
135	249	Maria Webster	2:10:54	135	847	Liz Maidment	1:01:42
136	394	Kate Francis	2:10:59	136	846	Linda Sawyer	1:01:45
137	345	Chris Jenkins	2:12:01	137	786	Clare Norman	1:01:50
138	163	Ivan Lees	2:12:51	138	587	Mike Pendock	1:01:54
139	392	Sarah Hooper	2:13:20	139	763	Victoria Thurston	1:01:56
140	393	Andrew Hooper	2:13:22	140	794	Alice Coubrough	1:02:00
141	225	Joanne Harper	2:14:19	141	750	Mark Tweed	1:02:03
142	226	Courtney Harper	2:14:22	142	753	Jenny Piper	1:02:29
143	340	Ann Granger	2:14:37	143	781	Grayhame Fish	1:02:37
144	217	Theodore Sims	2:14:52	144	628	Stephanie Madden	1:02:59
145	288	Mike Baker	2:15:01	145	665	Bridget Sears	1:03:13
146	308	Susan Wright	2:15:41	146	764	Sarah Stacey	1:03:16
147	318	Amanda Mold	2:15:57	147	582	Lesley Swann	1:03:37
148	261	Sharon Heath	2:15:59	148	727	Sam Thomas	1:03:57
149	297	Gemma Moss	2:16:25	149	599	Agnès Clough	1:04:11
150	364	Donald Galbraith	2:16:48	150	701	Melanie Spence	1:04:32
151	220	Samantha O'Hara	2:17:31	151	718	Anne-Marie Williams	1:04:34
152	285	Dave Williamson	2:19:33	152	717	Faye Gaffer	1:04:35
153	178	Yvonne Doe	2:20:24	153	737	Kosina Martins	1:04:37
154	160	Robyn Rake	2:21:02	154	738	Alison Connelly-Barker	1:04:41
155	156	Anna Smith	2:21:03	155	631	Annette Mason-Gordon	1:04:43
156	189	Ellen Hollingworth	2:21:25	156	654	Annette Huggins	1:04:52
157	247	Hayley Donnelly	2:21:55	157	871	Chrissie Turnbull	1:04:54

158	159	Deirdre Keating	2:22:11	158	571	Georgina Purvis	1:05:07
159	265	Vivienne Taylor	2:22:20	159	605	Jack Harrison	1:05:10
160	222	Brynmor Lloyd-Evans	2:22:48	160	604	Beth Vale	1:05:13
161	262	Sarah Mark	2:23:54	161	719	Katie Webber	1:05:28
162	401	David Mark	2:24:45	162	800	Bob Rowles	1:05:53
163	152	Jean Freeman	2:25:13	163	682	Gary Wright	1:06:05
164	203	Clare Angel	2:25:16	164	627	Genni Sokoli	1:06:14
165	372	Stevie Harrison	2:25:38	165	640	Stanley Peacher	1:06:45
166	296	Caroline Chapman	2:25:57	166	870	Jennie Blackbairn	1:06:48
167	359	Max Podger	2:26:57	167	806	Jo Drury	1:06:51
168	306	Elspeth Missen	2:26:59	168	626	Sally Solomon	1:07:02
169	294	Aimee Coates	2:27:02	169	635	Janet Green	1:07:12
170	269	Tracey Straugheir	2:27:24	170	869	Georgina Kingston	1:07:15
171	270	Hayley Coles	2:27:28	171	722	Liz Stirling	1:07:40
172	205	Mark Balding	2:27:30	172	723	Sandra Watt	1:07:42
173	368	Sue Vaughan	2:28:04	173	675	Emma Newman	1:07:57
174	386	Simon Woolward	2:29:35	174	814	Henry Botelho	1:08:09
175	384	Desiree Clarke Noble	2:29:43	175	815	Phoebe Fullbrook	1:08:12
176	383	Jeff Noble	2:29:44	176	744	George Shaw	1:08:15
177	322	Dave Manning	2:31:12	177	743	Katrina Shaw	1:08:17
178	323	Jane Ling	2:31:15	178	747	Susannah Dudman	1:08:48
179	396	Rachael Walker	2:33:20	179	630	Linda Nobbs	1:08:50
180	397	Julia Greenfield	2:33:23	180	617	John Manders	1:09:27
181	369	Michelle Scott	2:34:35	181	618	Leticia Manders	1:09:42
182	366	Keri Clements	2:34:38	182	740	Carol Foster	1:09:53
183	215	Jonathan Jenkyn	2:37:45	183	748	Lisa May	1:09:55
184	327	Zoila Reyes	2:38:05	184	724	Judith Davison	1:09:56
185	273	Angela Bulman	2:40:57	185	773	Natasha Hulls	1:10:11
186	348	Sarah Severwright	2:45:31	186	817	Izzy Galione	1:10:21
187	274	Carla Wiggins	2:45:34	187	728	Jonathan Williams	1:10:42
188	207	Steve Charles	2:45:41	188	608	Peter Lee	1:10:44
189	374	Catherine Larner	2:46:41	189	607	Toby Cook	1:10:47
190	375	Dawn Avery	2:46:43	190	609	James Brown	1:10:49
191	326	Claire Mortimer	2:51:51	191	745	Michelle Jarrett	1:10:52
192	325	Helen Roger-Brown	2:51:58	192	787	Mike Norman	1:10:55
193	162	Kim Howson	3:05:25	193	596	Zoe Vick	1:10:57
194	182	Anna Lewis	3:05:27	194	598	Casey Thompson	1:10:59
195	227	Amanda Smith	3:09:48	195	716	Lindsay Churchman	1:11:04
196				196	872	Melanie Ford	1:11:06
197				197	556	Kelly Naylor	1:12:27
198				198	622	Samantha Richardson	1:12:29
199				199	766	Hannah Norris	1:13:42
200				200	804	Denise Steward	1:14:10
201				201	650	Gaye Farrar	1:14:13
202				202	866	Donna Smeed	1:16:05
203				203	867	Louise Partidge	1:16:07
204				204	699	Olly Beer	1:18:47
205				205	700	Kris Rose	1:18:49
206				206	725	Wendy White	1:18:56
207				207	579	Katherine Audus	1:20:05
208				208	643	Alison Chambers	1:20:30
209				209	646	Rosie Chambers	1:20:55
210				210	705	Bethamy Warren	1:23:35
211				211	704	Erin Newson	1:23:38
212				212	603	Rachel Wilding	1:24:02
213				213	580	Doris Koh	1:24:31
214				214	577	Paul Davies	1:31:00
215				215	578	Neha Puri	1:31:01
216				216	552	Liz Smith	1:54:09
217				217	553	Jeanette Smith	2:01:59
218				218			
219				219			
220				220			